

## LARRC DINNER MEETING SPEAKER

**JEFF MARIANI,**

**OWNER, OPERATOR - CEDROS ISLAND FISHING CHARTERS**

The guest speaker for our first dinner meeting of the New Year on January 31, 2022 will be Jeff Mariani, owner/operator of Cedros Island Fishing Charters. Jeff has always had a passion for the ocean, fishing and surfing. After falling in love with Cedros Island and the surrounding area, he built a custom Americanized 7 bedroom, 5 bath home for guests to join him so they could experience this beautiful location and the excellent fishing. What sets Jeff apart from the rest is his excellence in guiding anglers to fishing spots where no one else is, as well as heading to new destinations each day so guests get to experience the variety of fishing at Cedros Island. Cedros Island Charters offers the option to fish panga or kayak as well as a new charter plane.

With his quick wit and knack for jokes, Jeff Mariani will be a great speaker to launch us into 2022. Won't you please join us?



**January 31, 2022**

**Jeff Mariani**

**ZOOM Meeting opens at 6:30 for Social Hour  
Dinner Meeting starts promptly at 7:00PM**

**Log in info to follow**

## *A Message from the President*

By Ted Feit

### **Adieu from the Pandemic President**

The first month I became President of LARRC was the last month our lives were normal before being altered by the Covid-19 pandemic. For better or worse, I assumed the unprecedented role of LARRC Pandemic President. During the past 2 years, we were forced to adapt the new environment. I think our club met the challenge and responded well.

We couldn't have face to face dinner meetings but we started in June, 2020 to use technology, thanks to the assistance of Scott Schiffman and Chas Schoemaker, to get together via Zoom. While in person-to-person schmoozing was out, speakers didn't have to be physically present. This freed us to have non-local speakers and wander the country and the world for our speakers.

Some of the varied non-local speakers across our country included; Seth Bone, owner and operator of Kingfish Charters and Lodge, Sitka, Alaska; Wolfe Pack Guide Service – a three generation family business guiding salmon, steelhead, smallmouth bass, and shad fishing trips on Oregon rivers; Jeff Goodwin – who runs a guide service for trout, salmon, and steelhead in northern California; Captain Andy Cates of the Red Rooster III out of San Diego; and Jason Diamond, owner and operator of the Stardust and Coral Sea boats based in Santa Barbara.

Thanks to the help of Cathy Needleman, Pamela Warren, Norm Weinstock, Michael Hartt, and other members, our international speakers included: Orchid Martinez from Baja Fishing Convoys; Captain Jonathan De la Rosa, who has a resort dedicated to trophy tarpon fishing in Trinidad; Richard White, fishing director of Tropic Star fishing resort in Panama; and Sami Ghandour, who roves the world using long casts, poppers, and stick baits to catch yellow fin tuna, big groupers, and giant trevally.

Mindful of the devastating financial impact of the Covid-19 pandemic on the captains and crews of the sportfishing boats we charter, the LARRC membership, spearheaded through the efforts of Randy Sharon, raised more than \$13,000 to distribute to the captains and crews. We received many letters of thanks from the captains for our generosity and understanding.

In 2021, we initially canceled all our charters in response to the pandemic. Once it was understood that the boats were operational, Andrew Ratsky put together two last minute charters to Catalina. The trips turned out to be a success as we filled both boats and got a chance to get out

on the water. One trip was highlighted by a 30-minute fight on 15 lb. test resulting in an estimated 30 lb. homeguard yellowtail at Catalina. We conducted two successful veterans trips this fall. Thanks to the continued support and fundraising of Larry Brown, the funding for our veteran trips is rock solid.

During the past two years, our Website has been upgraded to more accurately and attractively represent who we are and to make it more easily accessible to the info surfers of the world. The number of visitors to our site has grown substantially. Scott Schiffman was the main driving force behind this improvement and deserves our esteem. Donald Goldsobel and Sophia Huynh have done a great job of putting together an impressive series of Chum Line issues. The content of the Chum Line has been eclectic. Of course, vignettes of our successful fishing experiences accompanied by great photos is a mainstay. But we have also had articles on environmental issues, how to tie superior knots, cooking recipes, legislative issues, and historical perspectives. Sadly, Eric Rogger, who for many years wrote a column on environmental affairs for the Chumline, passed away this past year. John Ballotti and Theresa Labriola have stepped in to continue his legacy.

The LARRC Foundation has been the recipient of an abundance of riches, more specifically top of the line fishing tackle, through the generosity of donations by individuals who have passed away. Michael Grossman, long time club member and fishing aficionado, is one of the benefactors. We are confronted with how to use this windfall wisely but this is a nice problem to have.

The fluid nature of the Covid-19 pandemic has continued to impact LARRC. We were able to hold one successful combined in person/Zoom club meeting, hosted by Andrew Ratsky and with catering donated by Paul Varenchik and two in person/Zoom board meetings, but the resurgence of Covid-19 has curtailed in person meetings for now. We have put off the scheduling of the Annual LARRC banquet and Foundation fundraiser until the second quarter of 2022 for this reason.

I know that LARRC is in good hands with the assumption of the presidency by Andrew Ratsky. Andy is an enthusiastic fishing person who wants reinvigorate out schedule of charters and club events. He is a mortgage banker at Chase and lives in Calabasas with his wife, two children, and yellow lab.

# FOUNDATION NEWS

By Pamela Warren

The Los Angeles Rod & Reel Club Foundation was created and funded in 1951 by three founding club members: Max Fenmore, Myron J Glauber and Judge Robert S. Thompson. If you can believe, the initial funding was \$223.73. The Foundation is an Irrevocable Charitable Trust and each club member participating in Foundation matters in any given year, are Trustees. One of the objectives of the Foundation is to encourage and offer financial support for research and educational programs that will ensure the future of recreational angling.

For many years the Foundation has been providing yearly scholarships to marine biology graduate students attending Southern California universities. The amount of the scholarship is determined by the Trustees based on the number of applications and the Foundation budget.

It goes without saying that the recipients of these scholarships are grateful for the assistance. I am including profiles and words of thanks from the two graduate students at California State University Long Beach, Wenda Ly and Emma Siegfried, who received the 2021-2022 Foundation scholarships. (See pages 4 and 5)

Let me also thank all club members for their generous and ongoing contributions to the LARRC Foundation. It's not just the annual Kids Trip that fills the heart of our members, but the education of future biologists who will help sustain our oceans.

## Advertise Your Business or Service in the Chum Line

The monthly prices are as follows:

1/8 page: \$20

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1/2 page: \$80

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The page format is 8.5 x 11 with 3/4" margins all around

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[johnballotti1@gmail.com](mailto:johnballotti1@gmail.com)

## MEETINGS & BANQUET NEWS

In view of the recent surge in Covid-19 infections in LA County and the uncertainty regarding the course of the pandemic, the LARRC Board has decided to have its Board Meeting January 24th and its Club Meeting January 31st by Zoom only. The Board has also decided to postpone scheduling of LARRC Foundation Banquet and Fundraiser to the second quarter of 2022.



## CLUB CHARTER ON THE NAVAGANTE

Your Board of Directors has approved a Charter on the Navagante out of Redondo Beach Sportfishing. We have Cathy Needleman to thank for originating this charter. The joint Charter Masters will be Cathy and Donald Goldsobel. This is a limited load trip. We will take 18 anglers. The Navagante will leave Redondo at 9:00 p.m. on the evening of Tuesday, August 16, fish local or offshore on the 17 and 18 returning to the dock on the early evening of the 18th. The cost per person is \$502. The fare includes all meals, crew tip and fish cleaning. To reserve your place, we need your Liability Waiver, proof of vaccination and check for the full amount. After 60 days from this posting, the trip will be opened to non-club members. Members of your family are considered members.

Do not miss this prime time opportunity to target Tuna, Yellowtail, White Sea Bass and all of the many game fish found in these waters. Redondo is ideally situated so as to enable the Navagante and its sister boat, the Pescador, to go to where the fish are.

For additional information you may call Donald at 818-970-4578 or Cathy at 310-271-9885. Mail your check to LARRC Charter Master. Andrew Ratsky - 23297 Park Ensenada Calabasas, CA 91302



## ABOUT WENDA

### Personal Background

I grew up in San Diego, California with first generation parents that immigrated from Vietnam after the Vietnam war. I did not have much growing up but my parents always made sure that I made it to school and got my assignments done. Recently, while driving home from my lab I had a seizure behind the wheel and crashed into a street lamp. I thought that I had finally fully adjusted to my condition and had all the right medication and then this incident happened. My car was totaled and my license was suspended for three months as a precaution. I now had to find a way to the lab on campus that was a 20 minute drive from my house. There defiantly was a mourning period because I thought I was finally becoming a normal person. However, I have found a way to overcome and still get to the lab when I need to and I'm not going to let epilepsy get in the way of my degree.

### Why I chose my field of study

I chose to get my master in biology and study marine physiology in particular because I have always loved marine animals and I would like to inspire the next generation of scientists. However, in order to do that we must first learn about how climate change is going to affect marine organisms and how to combat it. Something as simple as differences in the planktonic larval period of two marine invertebrate species could be the difference between one surviving near future ocean acidification levels and one fall victim to near future levels. There are more than 200,000 species in the ocean so we will need as many possible as we can get to study the effects of near future climate change stressors on marine species and this will prepare me to do it.

### Short-term and Long-term Goals

My long term goal is to get a PhD in biology. After finishing my degree, I aim to earn a faculty position at a university to run my own lab and continue my involvement in important research related to the effects of climate change on marine species. The driving force behind my goals are to directly encourage the development of future generations of driven scientists and to educate the public on the effects of human induced climate change so that changes can be made to protect this planet. In this manner, I believe I will make a noteworthy and purposeful contribution to the scientific community while greatly expanding my knowledge as well.

## WENDA LY

Biology, M.S.

*"I truly appreciate your organization's generosity in providing financial support to students studying marine biology."*

*Dear Los Angeles Rod & Reel Club,*

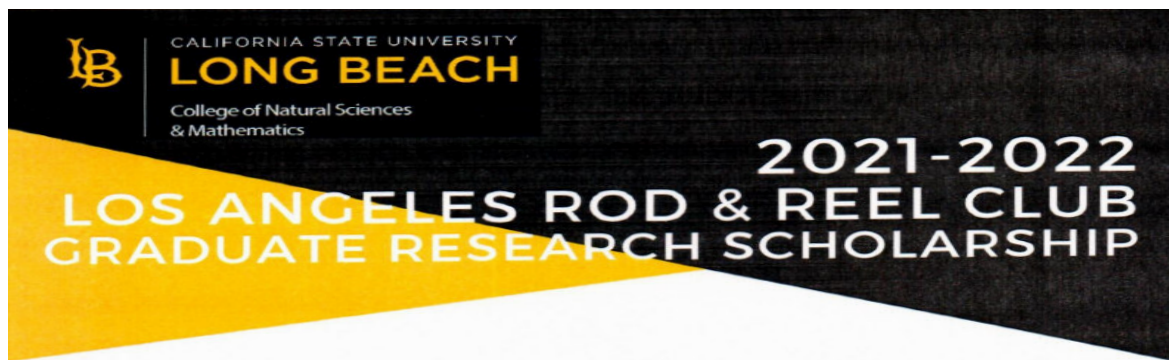
*I would like to express my sincere thanks for the award of the Rod & Reel Scholarship. I truly appreciate your organization's generosity in providing financial support to students studying marine biology, and, for the honor I have of being a recipient of one of these awards.*

*I have just finished the first year of my master's program, maintaining a 4.0 GPA. This scholarship will enable me to purchase all the necessary supplies to carry out my thesis research and keep me on track to graduate within three years. Upon earning my masters, I hope to continue in the research field of marine biology and study the effects of human induced climate change with a government agency or a private institution. With your support I am one step closer to my goal.*

*With Gratitude,*

*Wenda Ly  
615 W. 8th St.  
Long Beach CA 90813*





## ABOUT EMMA

### Personal Background

From the outside my life story would make me look like one of the lucky ones. I grew up with both my parents who encouraged me to pursue my dreams - even those of becoming a marine biologist. I was a top achieving leader in my high school. In college, I graduated with highest honors. What people don't see is the toll of the emotional and mental abuse I suffered from as a child. These things have changed the way I interact and understand the world. I rarely believe in my intellectual capability because I was often told it wasn't enough. I suffered from depression throughout my high school years, and it wasn't until I got some freedom from my parents that I started to become the person I always wanted to be and who I really am. I was one of the lucky ones because I made it out, and my determination helped me get there.

### Why I chose my field of study

I don't remember a defining moment of my 8-year-old life that made me decide that I wanted to be a marine biologist, but I do remember a few moments along the way that made me decide to stick with it. I remember going on a trip with my high school's oceanography class. I remember volunteering at the Georgia Aquarium and seeing people's eyes light up as I explained how the Japanese Spider Crabs on display were molting. Most importantly though, I remember going snorkeling on the Great Barrier reef, and realizing it isn't as colorful as all the pictures you see. I think altogether it was these experiences that made me realize that studying our planet's oceans is important and valuable.

### Short-term and Long-term Goals

My short-term goals are to start a PhD program after graduating with my MS from CSULB in 2023. In addition, I'm aiming to publish my Masters' work when I graduate. In terms of my long-term goals, I would like to become a university professor. As a university professor, I would be able to both teach students and advise them about their futures while also having the opportunity to do research. My dream job would be the director of research at an aquarium while also maintaining an adjunct professor position at a nearby university. This would give me the flexibility to teach classes while also providing the opportunity to conduct research which could reach even wider audiences.

## EMMA SIEGFRIED

Biology, M.S.

*“By being able to focus more on my research, I will be able to create more robust results and increase my chances of getting into a good Ph.D. program.”*

*Dear Los Angeles Rod and Reel Club.*

*My name is Emma Siegfried, and I was selected to receive the Los Angeles Rod and Reel Club Grad Research Scholarship for the 2021-2022 school year. I am a second-year graduate student studying biology and doing research on the effects of climate change on the Northern Anchovy and California Grunion. This scholarship is going to be critical to conducting my research, as it means I can spend less time working on things other than my research and use this money to help support myself.*

*Upon graduating with my Masters' degree in 2023, I plan to pursue a Ph.D. and eventually end up in academia so that I can mentor and teach other students like me, while advancing scientific knowledge. By being able to focus more on my research, I will be able to create more robust results and increase my chances of getting into a good Ph.D. program.*

*Because of how much of an impact this grant is going to have on my life over the next year, I wanted to write you both a quick letter to thank you so much for your generosity in providing funds for the Los Angeles Rod and Reel Club Grad Research Scholarship and express my appreciation for being selected to receive it for the 2021-2022 school year.*

*Sincerely,  
Emma Siegfried*





**Media Contacts:**

James Phillips, CDFW Marine Region, (707) 576-2893  
Jordan Traverso, CDFW Communications, (916) 654-9937

**Recreational Bag Limits Reduced for Some Rockfish Species in 2022**

The California Department of Fish and Wildlife (CDFW) announces multiple changes to recreational rockfish sub-bag limits which are expected to take effect Jan. 6, 2022. The emergency regulations were adopted by the California Fish and Game Commission in mid-December to align with federal regulations for these species. Changes to the sub-bag limits within the 10-fish daily Rockfish, Cabezon, Greenling (RCG) complex bag and possession limit include:

- A decrease to the statewide sub-bag limit for vermilion rockfish (*Sebastes miniatus*) from five fish to four fish
- A new statewide sub-bag limit for quillback rockfish (*S. maliger*) of one fish
- A new statewide sub-bag limit for copper rockfish (*S. caurinus*) of one fish

The RCG complex has a daily 10-fish bag and possession aggregate limit, meaning that each angler's catch can be composed of any combination of rockfish, cabezon or greenling, as long as total catch remains at or below 10 fish. Sub-bag limits within the RCG bag limit are implemented when harvest guidelines cannot accommodate the 10-fish bag limit being composed of a single species.

"New stock assessments conducted in 2021 for quillback and copper rockfish suggest severe population declines for these two species. Also, unsustainably high catches of vermilion rockfish have occurred each year since 2015," said CDFW Environmental Program Manager Marci Yaremko. "For these reasons, new federal regulations were needed to implement reduced sport bag limits for these three species in 2022."

Despite these changes, there are still numerous opportunities to catch other groundfish species with healthy populations in 2022 when seasons are open. Anglers are reminded that when rockfish or any other species subject to barotrauma are released, use of a descending device is encouraged to return the fish to the bottom. Please visit CDFW's Rockfish Barotrauma webpage for more information.

In an effort to better assist anglers with identifying rockfish species while fishing, CDFW is preparing new informational flyers to distinguish copper and quillback rockfish from similar-looking species, such as gopher and canary rockfish. The flyers will be available soon on CDFW's Fish and Shellfish Identification webpage and the Marine Region Groundfish webpage.

Anglers should check CDFW's website for the current regulations before fishing for groundfish, which include rockfish, lingcod and other species as defined in the California Code of Regulations, Title 14, section 1.91, as changes can occur in-season. Though the boat-based groundfish fishery is closed statewide as of Jan. 1, the fishery is open year-round for shore-based angling and spearfishing. The boat-based recreational groundfish fishery season dates and depth limits are expected to be the same as in 2021 and are as follows:

- In the Northern Management Area (the Oregon/California state line to near Cape Mendocino) and the Mendocino Management Area (near Cape Mendocino to Point Arena) from May 1 through Oct. 31, take is prohibited seaward of the 30 fathom (180 feet) Rockfish Conservation Area (RCA) boundary line. From Nov. 1 through Dec. 31, groundfish may be taken at any depth in these two areas.
- In the San Francisco Management Area (Point Arena to Pigeon Point) and the Central Management Area (Pigeon Point to Point Conception) from April 1 through Dec. 31, take is prohibited seaward of the 50 fathom (300 feet) RCA boundary line.
- In the Southern Management Area (Point Conception to the U.S./Mexico border) from March 1 through Dec. 31 take is prohibited seaward of the 100 fathom (600 feet) RCA boundary line.
- In all Groundfish Management Areas, the RCA boundary line for the established depth constraint is the series of connected waypoints defined in the Code of Federal Regulations, Title 50, Part 660, Subpart C.

For more information on the new 2022 recreational rockfish sub-bag limits and to stay informed of in-season changes, please call the Recreational Groundfish Hotline at (831) 649-2801 or visit CDFW's summary of recreational groundfish fishing regulations for 2022. For background information on groundfish science and management, please visit CDFW's Marine Region Groundfish web page.

# THE ELUSIVE SHEEPHEAD

(SHEEPSHEAD)

(SEMICOSSYPHUS PULCHER)

by Ed Lieberman aka "Sheephead Ed"



*Venice Beach, Calif.*

I started sportfishing around April 2019.

One afternoon on the new Del Mar another angler caught an unusually looking fish I had never seen. I asked him what it was and he responded "A Sheephead". Being a novice, I was not sure if he was joking or serious. The one thing I did know, it was weird looking and I wanted to catch one.

Juveniles are bright reddish-orange with large blue spots on the fins. Adults are sexually dimorphic: males black with a red-pink midsection, along with red eyes and a prominent sheep-like head, females are fully pink with a white underbelly and smaller than the males.

As a member of the wrasse family, it can grow to be 35 lbs. and 3 ft. long.

It has protruding teeth, used to prey on hard-shelled organisms.

Its maximum known lifespan in the wild is 53 years, though most of the members of this species do not reach this age.

It is a sequential hermaphrodite as an adult, changing from a fully functioning female to fully functioning male after reaching a certain size.

Sex change in this species is unidirectional. As a male, this fish establishes a spawning territory during mating season (July-Sept.) and defends a group of females with which he breeds.

The Sheephead inhabits rocky reef/kelp bed habitats, normally between 10 and 100 feet deep.

It hunts in the day for sea urchins barnacles and other shellfish.

At night it takes refuge in crevices where it wraps itself in a mucous cocoon to hide scent from predators.

The recreational fishery for California Sheephead is open year-round to divers and shore-based anglers. This fishery is closed to boat-based anglers from January 1 through February 28.

So after learning the above about the unusually looking Sheephead...I set out to catch one.

I saw the fisherman using squid, anchovies....and some using shrimp, which they brought on their own.

The ones using the shrimp were the most successful.

From then on, I would stop at my local market to buy fresh shrimp as Sheephead bait.

Catpaw Danny always gave me a look when the day ended and I was unsuccessful.

But finally, around Dec. 15, 2019 (close to the end of Sheephead season) and after spending who knows what amount of money of Shrimp....I finally caught the elusive Sheephead.

I think Captain Danny was more excited than I was....as he shouted out my new nickname...

"Sheephead Ed"

## Q. BFT IN DECEMBER?

## A. YES INDEED!

By Donald Goldsobel

December 17-20 on the Royal Star. We had a terrific trip with Larry Brown in the Charter Master seat. Limited load of 12, each passenger had their own state room. Even with only 12 fishermen, we still had a full crew. They were the best. We had two men working the galley and produced some really good food; braised short rib, seared BFT, strip sirloin roast, full on breakfasts and fresh baked bread daily.

We left the dock around 9 a.m. and headed out to San Clemente. The sky was blue, the sun was shining, the seas were calm. After our Skipper, Brian, gave the safety spiel and told us his game plan, Larry conducted his famous raffle that netted the LARRC Veterans Fishing Trip fund \$1400. I got lucky and got to pick first, bagging an Avet EX two speed. Thank you Larry!

Our Skipper Brian looked for fish for a late afternoon bite, but no luck. Next day we headed out to a nearby area and anchored. The biters were there! It was not an open bite, but the action was steady. Fish were in the 20-25 pound range. There were a couple of hot sticks and we had limits. Next day we poked around looking for different game fish action, but it was slim pickings. It gave us plenty of time to try out some stuff in our tackle bags that had never before

gotten wet. Our skipper Brian, was just great. He is gregarious, always smiling, helpful and knows how to find fish if there are any to be found.

This was a really fine trip...good boat, Skipper, crew, weather and we were all satisfied with the catch of the targeted BFT.

BFT in December, yes indeed!



## Los Angeles Rod and Reel Club Foundation & AmazonSmile

**What is AmazonSmile?** AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at [www.smile.amazon.com](http://www.smile.amazon.com), you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from nearly one million organizations to support.

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**How do I select a charitable organization to support when shopping on AmazonSmile?** On your first visit to AmazonSmile ([www.smile.amazon.com](http://www.smile.amazon.com)), you need to select a charitable organization – **Los Angeles Rod and Reel Club Foundation** – to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make at [www.smile.amazon.com](http://www.smile.amazon.com) will result in a donation.

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# Winter Bluefin Tuna

By Larry Brown

We started the month with 3 days of fishing for bluefin tuna on the Game Changer, First a little about this boat. It is a very spacious 6 pack with all of the accommodations of a long range boat. Great boat, great crew, great service and hospitality, a wooden sport boat rail around the entire deck and a captain who has developed a very solid and fishy reputation for targeting and catching big tuna.

So, fishing isn't always good and it is seldom "once in a lifetime epic." But this time is was. Imagine the first 3 days of December experiencing flat calm, lake like waters with little to no wind and catching and releasing over 150 bluefin tuna on the way to boat limits. It was the best fishing for school grade tuna between 15 and 55 pounds I have ever experienced. If you put a good, strong, swimming sardine in the water, it was going to get bit. Day's two and 3 we had live squid, compliments of night time Captain Jody, and the tuna were happy eating a very well presented sardine or any live squid at the right depth.

We all had a blast, caught a ton of tuna and are eager to join the Game Changer and Captain Ryan as regulars hopefully more than just once a year.

So we proved we could catch bluefin tuna in EARLY DECEMBER. How about LATE. DECEMBER after three winter storms? No way!

We departed San Diego on the Royal Star on December 17 with low expectations. We knew we were going to have fun, with a great boat, great crew, great friends and great food and beverages, but please, BFT in late December? We were following a big storm and big blow but our window looked like perfect weather, cold but clear and 5 knots of wind. But BFT seem to relocate after winter storms so as we approached the Tanner Bank we knew it could be a bust.

I got bit immediately on the new chrome JRI and then we started a steady pick of yearling BFT. I'm pleased to report limits of BFT can even be caught in late December. Crazy. What makes it even crazier is the parking lot at the landing was totally empty and nearly all the boats were tied up. There is an abundance of BFT but anglers are AWOL. This trip was so successful by a show of hands it is already fully booked for next year by the same anglers. If you want to try to standby call Tracy.



## True Story

Linda went to her orthopedic doctor last month because she could not straighten out her knee. Did the usual check-in and gave the insurance card. Saw the doctor — resolved the problem!

Two weeks later Linda gets a call from the doctor's office stating the insurance would not cover the exam, as she did not have a current referral on file. The office personnel gave me the amount and I told her I would pay it.

However, before I pay the bill I asked her to check with the doctor and see how much tuna he would like (have given him tuna before - Linda has been going to this doctor for 30 years). The office personnel said "what? What are you talking about?" I said "don't worry, he will know what I am talking about."

10 minutes later she calls back and says - 'he doesn't want tuna' - 'he wants lobster'.

No lobster but we resolved the bill. Linda is crocheting a lobster.

## Los Angeles Rod & Reel Club Foundation

### Tribute Opportunity

Tribute Cards are available when you want to send your thoughts or feelings for –

- Congratulations • Graduation
- Anniversary • Illness • Appreciation
- Best Wishes • New Home
- Baby Announcement • Bar/Bat Mitzvahs
- In Memoriam

Your LARRC Foundation is a charitable organization. Donations maybe deducted. Tributes will be posted in the Chum Line. Tribute cards will be sent to recipient.

Information Request and Donations may be addressed to:

Mrs. Tammy Steinman  
5826 Ostrom Avenue, Encino, CA 91316  
818-987-2645 • 818-345-6104 Fax  
[tammy2508@socal.rr.com](mailto:tammy2508@socal.rr.com)



Donald Goldsobel's

# CALLING ALL COOKS

Bon appetite,  
Larry Brown

## This is not a recipe, but a dandy new technique for cooking frozen fish right out of the freezer.

Freezer to table in 20 minutes

This amazing prep tip can allow you to take rock hard frozen fish from your freezer to your plate in 20 minutes or less. We've tried it now with 1 to 1.5lb packages of yellowtail and wahoo. These were nice thick filets from large fish. Smaller filets will take less time.

It works better with packages of one large piece or two pieces that are not molded and frozen together.

1. Preheat your oven to 400F.
2. Remove fish from your vacuum wrapped bag.
3. Rub or brush a thin film of olive oil in your oven safe pan and the fish.
4. Salt and pepper your rock hard fish.
5. You can also now add other flavors or herbs to the fish. I have arranged thin lemon or lime slices on top of the fish. Or thinly sliced tomatoes. I've even arranged sliced circles of pickled jalapeño peppers. Butter lovers will add a few pats of butter. I also tried a thin top coating of mayo. Yum.

6. Place in 400F degree oven.

7. Test doneness by poking with a sharp knife or toothpick after 10 minutes. Thinner filets will likely be done.
8. If more cooking time is needed rotate pan and put back into oven.

The key is not to over cook. The inside should be very moist and juicy aided by the fact it was totally frozen and cooks from the outside in. I was blown away how easy, fast, moist and delicious the fish was, every time we tried this. It's great when you get home tired from work, playing, have unexpected guests or just want to try something exceptionally good.

If you have several filets frozen and molded together in your vacuum wrapped bag follow the same instructions but gently separate them half way through your cooking time.

## EARN MONEY

### for LARRC Foundation By Shopping at Ralphs!



Foundation



Here's How:

**Step #1:** Enroll in the Ralphs Reward Program if you are not currently enrolled.

**Step #2:** Print out this page and take it with you the next time you shop at Ralphs.

**Step #3:** At check-out, have the LARRC barcode swiped by the cashier together with your Ralphs Rewards Card/phone number.

*Notice: The Ralphs LARRC Barcode needs to be swiped only once to link your Rewards Card to LARRC. Future shopping trips will help raise money for LARRC when you use your Ralphs Reward Card at check-out.*

# NEW CLUB RECORDS as of DECEMBER 31, 2021

SPECIES	LINE TEST	ANGLER	LB	OZ
<b>MEN'S OCEAN</b>				
Fluke	15	John Ballotti	3	4*
Sculpin	25	Jim Carlisle	5	8*
Tuna, Yellowfin	60	Randy Sharon	113	4*
<b>MEN'S FRESH</b>				
Bass, Sm Mouth	8	Joel Steinman	2	7*
Bass, Sm Mouth	10	John Ballotti	4	4*
Bowfish	8	Arthur Schiffman	6	0*
Bowfish	10	Arthur Schiffman	5	3*
Catfish, Brown	6	Arthur Schiffman		14*
Catfish, Yellow Bullhead	10	Arthur Schiffman	1	2*
Pike, Northern	30	Joel Steinman	15	0*
Sunfish, Longear	6	Arthur Schiffman		15*
Sunfish, Redear	6	Arthur Schiffman		5*
<b>WOMEN'S OCEAN</b>				
Cabrilla, Saw Tail	30	Cathy Needleman	15	2*
Pompano, African	30	Cathy Needleman	5	5*
Salmon, Chum	25	Pamela Warren	13	0*
Swordfish	80	Cathy Needleman	208	0*
Yellowtail	65	Cathy Needleman	37	2*
Yellowtail	100	Sophia Huynh	67	8*
<b>WOMEN'S FRESH</b>				
Bass, SM Mouth	8	Cathy Needleman	2	6*

## Health and Happiness

Linda Simon is our contact for  
"Health and Happiness"

Please contact Linda either by phone  
(818-980-7470) or email

([simonmurphy08@sbcglobal.net](mailto:simonmurphy08@sbcglobal.net))

for any information about our club members/  
family - i.e., happy or sad news; health issues;  
graduation or congratulations, etc.

# TROPHY WINNERS 2021

December 31, 2021

SPECIES	LINE TEST	ANGLER	LBS.	OZ.	SPECIES	LINE TEST	ANGLER	LBS.	OZ.
<b>MEN'S OCEAN WATER</b>					<b>WOMEN'S OCEAN WATER</b>				
Bass, Calico	40	Joel Steinman	7	0	Tuna, Bluefin	80	Cathy Needleman	227	0
Fluke	15	John Ballotti	3	4*	Tuna, Bluefin	130	Cathy Needleman	229	0
Sculpin	25	Jim Carlisle	5	8*	White Sea Bass	65	Cathy Needleman	52	9
Tuna, Bluefin	130	Randy Sharon	237	5	White Sea Bass	80	Cathy Needleman	25	0
Tuna, Yellowfin	60	Randy Sharon	113	4*	Yellowtail	65	Cathy Needleman	37	2*
White Seabass	60	Jim Carlisle	50	1	Yellowtail	100	Sophia Huynh	67	8*
Yellowtail	40	John Ballotti	19	8					
<b>MEN'S FRESH WATER</b>					<b>WOMEN'S FLY ROD</b>				
Bass, Lg. Mouth	4	Steve Simon	3	8	Trout, Cutthroat		Sophia Huynh	3	Released
Bass, Lg. Mouth	6	John Ballotti	4	14					
Bass, Sm Mouth	8	Joel Steinman	2	7*					
Bass, Sm Mouth	10	John Ballotti	4	4*	<b>WOMEN'S FRESH WATER</b>				
Bluegill	6	Arthur Schiffman	1	2	Bass, Sm Mouth	8	Cathy Needleman	2	6*
Bowfish	8	Arthur Schiffman	6	0*					
Bowfish	10	Arthur Schiffman	5	3*					
Catfish, Brown	6	Arthur Schiffman		14*	<b>FIRST GAME FISH OF THE YEAR</b>				
Catfish Yellow Bullhead	10	Arthur Schiffman	1	2*	Yellowtail	65	Cathy Needleman	37	2
Pike, Northern	30	Joel Steinman	15	0*					January 6, 2021
Sunfish, Longear	6	Arthur Schiffman		15*	<b>FIRST ALBACORE OF THE YEAR</b>				
Sunfish, Pumpkin Ear	8	Joel Steinman	Released						
Sunfish, Redear	6	Arthur Schiffman		5*					
<b>WOMEN'S OCEAN WATER</b>									
Cabrilla Saw Tail	30	Cathy Needleman	15	2*					
Pompano, African	30	Cathy Needleman	5	5*					
Salmon, Coho	25	Pamela Warren	7	0					
Salmon, Chum	25	Pamela Warren	13	0*					
Salmon, King	25	Pamela Warren	25	3					
Salmon, Pink	25	Pamela Warren	6	2					
Salmon, Sockeye	25	Pamela Warren	Released						
Swordfish	80	Cathy Needleman	208	0*					

# CHARTERS 2022

DATE	DESTINATION	AVAILABILITY	CONTACT
<b>Feb 8-</b>	<b>Red Rooster III</b>	<b>OPEN</b>	
<b>Feb 24</b>	16/13 (Option to fly home from Cabo San Lucas) Targeting cow tuna at possible destinations such as Hurricane Bank, Buffer Zone, or PV	Cost: TBD, Call for price Limit - 23 passengers	Contact Maria 619-224-3857 <a href="mailto:office@redrooster3.com">office@redrooster3.com</a>
<b>NOTE:</b>			
LARRC members signing up for club charters are obligated to pay full fare in the event they cannot make the trip. The club will attempt to fill your space and you may try to do the same in a timely manner. There may be surcharges this year based on fuel price increases. Bunks are assigned by the charter master in order received. So book early! If you have any special needs please make the charter master aware of them at the time of booking.			
Contact Andrew Ratzky - <a href="mailto:Aratzky@att.net">Aratzky@att.net</a>			
LARRC Club Charters in BLUE Larry Brown Charters in GREEN Larry Brown/LARRC shared Charter in ORANGE			



Los Angeles Rod & Reel Club  
 c/o Theodore Feit, M.D.  
 2601 W. Alameda Avenue, Ste 314  
 Burbank, CA 91505  
 Email: [tedfeit@gamil.com](mailto:tedfeit@gamil.com)

**MEMBERSHIP INFORMATION**  
 Contact Richard Stone at 805-501-6669  
 Email: [richardstone@specialtyrepswest.com](mailto:richardstone@specialtyrepswest.com)



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Editors: Sophia Huynh ([fishnsoph@gmail.com](mailto:fishnsoph@gmail.com)) & Donald Goldsobel ([donald@dgoldsobel.com](mailto:donald@dgoldsobel.com))

**2020 -2021 OFFICERS**

President	Ted Feit
Vice President	Andrew Ratzky
Secretary	Mark Manculich
Treasurer	John Ballotti
Historian	Mark Manculich

**2021 BOARD OF DIRECTORS**

Mark Manculich	John Ballotti
John Goss	Andrew Ratzky
Richard Stone	Donald Goldsobel
	Ted Feit

**2021 FOUNDATION TRUSTEES**

**Scott Schifman & Steve Simon, Co-Chair**  
 Ron Glider  
 Michael Godfrey  
 Chas Schoemaker

Pamela Warren	Joseph Mahfet, Jr.
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**2021 COMMITTEE CHAIRPERSONS**

Annual Picnic	Ted Feit
Apparel	Steve Simon
Awards Banquet 2021	Ted Feit
By-laws and Legal	Randy Sharon
Charters	Andrew Ratzky
Chum Line Editors	Sophia Huynh & Donald Goldsobel
Communications	Scott Schiffman & Mike Godfrey
Dinner Meetings	Mike Godfrey
Dinner Speakers	Pamela Warren & Cathy Needleman
Elections	Mark Manculich
Environmental Affairs	John Ballotti
Fishing Records	Joel Steinman
Fly Fishing	Rob Baldwin
Hall of Fame	John Ballotti
Health and Happenings	Linda Simon
Membership	Richard Stone
Public Relations	Dave Morgan
Raffles	Scott Schiffman
Tackle Management Club	Mark Manculich
Tax Consultant	John Rhind
Tributes	Tammy Steinman
Trips:	
Earl Warren's Memorial Kids' Trip	Richard Stone
	John Goss & Andrew Ratzky
Lou Berke Trout Derby	Steve Simon
Bill Alpert King of the Club	Joel Steinman & Steve Simon
Frank Polak Marine Mentors' Trip	Scott Schiffman, Joel Steinman
	Joseph Mahfet, & Randy Sharon
Veterans' Trip	Steve Simon
Trophies	Sophia Huynh
Website	Donald Goldsobel & Scott Schiffman
Yearbook	Ted Feit