



Chum Line



PUBLISHED BY THE LOS ANGELES ROD & REEL CLUB

MORE ABOUT THE LARRC FOUNDATION

By David Lippey

For many years, marine biologists have watched the destruction of the flourishing kelp beds in many areas of the So. California coast. The damage was caused by people, sea urchins and storms. One of them, Dr. Wheeler North of Caltech, Professor of Environmental Science, decided to do something about it and the LARRC Foundation, among others, agreed to help him.

Dr. North and his associates were very successful in restoring kelp beds at Pt. Loma, La Jolla, Dana Point and elsewhere. Our Foundation became interested during 1970 when he started work in local waters. Giant kelp plants were transported from Catalina and transplanted into barren areas where kelp beds flourished in years past. A team of expert divers, including Dr. North, performed the physical activities and Russ Izor contributed the use of the "Peace" and his time to skipper it.

Various methods were tried and tested to develop a successful technology. In addition to people, urchins and storms, the newly planted kelp is often damaged by the grazing of fishes that are attracted from distant areas. However, the years of effort has produced new scientific knowledge and new techniques that are now employed world-wide. Detailed reports of this project are available.

We made a Foundation grant of \$3,000 to Caltech in 1971 for this project. Further grants for a total of \$7,000, made in 1972-73, were matched 2 for 1 by NOAA Sea Grant funds. A letter from Caltech, reproduced herein, expresses appreciation for our support.



A
HEART-WARMING
EXPERIENCE
(see story inside)

JULY DINNER MEETING

Monday, July 25

At the
Sportsmen's Lodge
Cocktails 6:30 Dinner 7:30

We will be privileged to see the movies that were taken by Marv Epstein (Louie Loober's son-in-law) on the Grande and the Charisma during the recent fishing trip for underprivileged children.

In addition, we will be privileged to hear Russ Izor give us the latest scoop regarding the most recent developments in legislative actions, fishing conditions and other informative matters relating to our local recreational areas.

The July meeting of the LARRC Board will be held in Canter's Restaurant on Monday, July 18 at 7:30 PM.

A HEART-WARMING EXPERIENCE

"If you give a child a fish he will have a meal. If you teach him to fish he will have meals for life"

Twenty-eight members and friends were on the Grande and Charisma to assist about 300 boys and girls that were taken on the Annual Fishing Trip for underprivileged children Monday, June 20. The project was sponsored by the LARRC Foundation and conducted by Chairman Dr. Herm Epstein and Co-Chairman Shelly Balzac.

The children were taken from the following homes and boys clubs:

Vista Del Mar	McKinley Home for Boys
East Side Boys Club	Mexican Sports Fed.
Southern " "	Pacific Lodge
Salesiann " "	Optimist Bys Club
San Fernando " "	Blazer " "

We owe thanks to the following members and friends who were deck-hands on the boats:

Dr. Herman Epstein	Andy Weiner
Shelly Balzac	Frank Rosenhauer
Louis Loober	Ace Goldberg
Sidney Epstein	Pete Mocerau
Leo Pearlston	Gene Curtinger
Art Weingart	Jimney Port
Nate Merin	Bill Ross
Bob Frederick	Norm Port
Marvin Scheinbaum	Sey Rimland
Cy Lewin	Dan Bartfield
Sam Stone	Jeff Ellis
Sol Shalevets	Dr. Harry Levitt
Zelda Gilbert	Suzanne "
Ben Susman	David Lippey

We also owe thanks to the following folks who donated gifts, food and prizes:

Western-Hoegge Co.	Books and sinkers
Dr. Tom Flashman	Dramamine
Clarence Flashman	Peanuts
Sidney Feder	Popcorn & Candy
Republic Linen Co.	Towels
Elliot Epstein	Ball-Point Pens
Dr. Herman Epstein	Plastic Bags
Bill Vogel	Cookies
Beverlywood Bakery	Coffee Cakes
Howard Lynn Bananas	Fruit
David Lippey	Caps
Diawa Corp.	Diawa Reels
Sol Shalevets	Watches & Trophies

And thanks to Sey Rimland and Cy Lewin who transported the tackle, food, prizes and gifts and to Harold Price who stored the food in Canter's refrigerator.

And last, but not least, we are very grateful for the cash donations that we received from our members and many friends. The smile of the boy on the front page is ample reward for all concerned.

We regret sincerely if we failed to thank anyone who participated in this annual heart-warming experience.

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THE PRESIDENT'S MESSAGE

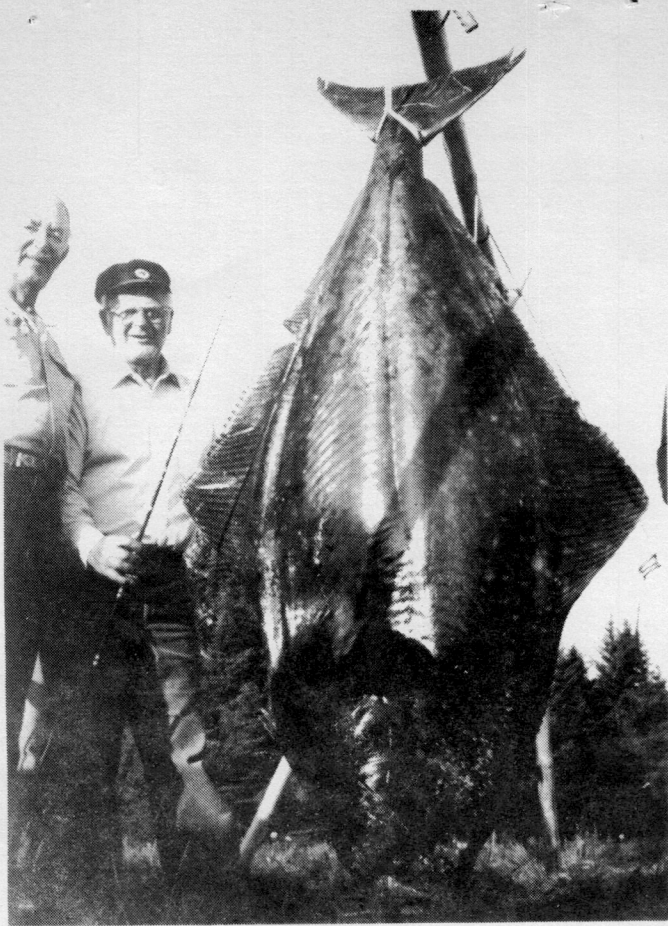
"HOOK-UP!!!!!!!!". The magic words will be yelled for the next six or eight weeks. The once-a-year stampede is on when nice guys turn into fenzied, wild-eyed, froth at the mouth animals; the time of the year when the U.S. Navy has the second largest fleet in San Diego. Second to the tuna fleet at Fisherman's Landing. So far the weather is beating everyone to death and the fish are over 200 miles out and deep. But it's early yet; we still have half of July, all of August and maybe some of September with any luck.

"O.K., guys, move yer butts!", "Move to the right!", "I gottabigone I see color Jeez-it's big!!!!". I'm out of breath already.

Once more I come to the club and what it means to me. The dimensions added to my life are severalfold. Now I don't have to lock up my gear except when Julie Wolf is along. No, I haven't forgotten you, pal. Like an elephant I got a memory. So, dimension #1, is REVENGE. Also, the old gin game has been sharpened up and I get the \$35 back from Sheinbaum. Dimension #2 is REVENGE.

Iris pays market price for the Albacore I bring home and, hopefully, I'll make a few bucks off her, too. Dimension #3, RETURN OF CAPITAL.

I'm sure looking forward to spending four days with seventeen of my best friends. A pleasant way to spend the time with a little work and a little rest. Nice dimensions.



A HALIBUT JACKPOT!

The above photo shows Dr. Howard Weinberger and his 350-lb halibut that he landed last month on a trip to Alaska. He also landed a halibut that weighed over 250 pounds. Judge Irv Harris, who also appears in the photo, landed two of them, each over 100-lbs, and their friend Dr. Alvin Isaacson landed one that weighed over 150 pounds.

The trio journeyed to Glacier Bay for some salmon fishing and hit the halibut jackpot. They were trolling for salmon with 30-lb line and 10-lb weights on down riggers. "You never knew if you had a salmon or if you had a halibut until it surfaced" said Howard. "Commonly known as a bottom fish in this area" he continued, "We were very surprised to see many of the monsters feeding on the surface!"

During the 3-hour battle provided by the 350-lb halibut, a 40-foot whale came in to investigate the action. Lucky for Howard that Halibut are not on a whale's diet!

They fished from a 40-foot boat skippered by Mike Nigro, a very knowledgeable local native, who helped to make the venture successful. They also fished for ling cod, cabazon and big sculpin which they used for bait. And they caught Dolly Vardon

trout in the Salmon River which is only one mile from the fish camp.

On the last evening, going back to the lodge in a pick-up truck, they were followed by a 400-lb black bear which they mistook for a big dog. Several people were seen walking nearby, evidently very unconcerned. These bears are probably counted as part of the population.

They were quartered at Glacier Bay Lodge, only two miles from Glacier Bay. Only 12 guests are taken by the lodge at any one time and the fishing begins 10 minutes from shore in a very scenic area.

The airline permits only frozen fish or frozen fish filets to be taken home and provides special waterproof containers. We wonder how many filets were obtained from the 350-lb halibut and why this writer was not offered two of them.

IMPROVING THE TABLE FARE OF YOUR CATCH

Recently our good friends at **THE FISHERMEN: The News Journal of the Great Lakes Fisheries**, in Volume 35, Number 1, ran an article titled, "Bleeding of Fish Improves Quality and Adds Storage Life." The informative article aimed at commercial fishermen, should be of interest to recreational fishermen who eat their catch fresh or freeze them for later table use.

The article reports that research has shown that bleeding of freshly caught fish can significantly improve its quality.

Researchers experimented with rainbow trout to find out how the removal of blood affected the flesh's appearance, odor, and the stability of fats. Trout were divided into three groups: group one had incisions made at the isthmus (throat); group two received incisions at the nape (behind the head); and group three was cut at the caudal peduncle (removing the tail). Incision sites were chosen at these areas because of the presence of a major artery. Trout were bled for five minutes and the flesh quality was tested against the quality of unbled fish.

Of the three groups tested, cutting off the tails at the caudal peduncle was found to be the most effective means of bleeding the fish. Trout cut in this manner lost an average of 37 percent of the blood, reducing their total body weight by 2.3 percent. Cuts made behind the heads reduced body weight by an average of 1.7 percent while cutting the throat reduced body weight by 1.9 percent. Delaying the cutting until 20 minutes after capture greatly reduced bleeding efficiency.

Bleeding the fish produced a superior food product on the basis of appearance, odor, and fat stability (which affects rancidity). The flesh of bled fish was nearly blood-free, giving it a much lighter color than seen in unbled fish. Odor tests also showed bled fish to be more acceptable. Unbled trout held in the freezer were slightly rancid after three months,

LE LARRC FUT ENCORE COURONNE DE SUCCES
EN FAISANT LA EXCURSION POUR LES ENFANTS
DESAVANTAGE

Once again LARRC has done itself proud in providing a wholly new experience to three hundred disadvantaged kids. Through the fine efforts of Herm Epstein, Shelly Balzac and company and underwritten by the LARRC Foundation your club gave these youngsters a glimpse of the nice world, the healthy world, and of people willing and anxious to GIVE. Who knows whether an attitude was changed, whether a hope was kindled or an ambition fired? Over the years thousands of children have been entertained by our club's efforts. Did we make a difference in someone's life? We'll bet you dollars to doughnuts that the answer is: Yes.

We got nice media coverage for the event. KNX Radio did some on-the-spot interviews which were broadcast during the afternoon. Most of the kids gave simple one word responses to the reporter's questions on how they liked fishing, etc. However, he chose to interview one of the deck hands who turned out to be Ben Susman. We understand that Susman, who loves to get up before an audience, whether a jury or his fellow fisherman, was reluctant to give up the microphone. In fact, they say that there was quite a struggle for possession of the mike until the reporter told his soundman to turn off the juice. Ben hung around for a while but got discouraged and went to the galley for another hot dog. The reporter went back to interviewing children.

A young lady reporter from the Long Beach Press-Telegram came down to do a color story. She went aboard the GRANDE before the afternoon trip and didn't hear the "All ashore that's going ashore" call. This gal was dressed in a sheer silk dress and wearing high heels. She had been telling one of our guys that she knew nothing about fishing and didn't know what the fuss was all about. As a good sport she decided to stay with the gang for the afternoon. Someone hooked a nice sand bass and handed it off to her. She stumbled around in high heels elbowing the small kids at the rail and landed it. We understand that she left the boat with wind-blown hair, laughing and holding her filets in a high salute; a convicted sportfisherwoman. Score one for LARRC.

MAN OF MANY TALENTS By Hal Goodman

We all know, of course, that Sey Rimland is one of the guys to go to for questions on the broken reel, a misfiring Diesel or a leaky shower. I mean, he really knows about gear ratios and crank torques and washer seats and all those good things that will forever be a mystery to me. But, how many of you know that the man is fluent in French? I made this happy discovery on our last bass trip. Lucille and I are going to France this summer and we are both doing an intensive review of the language. Mine has gotten so rusty since high school that, until two weeks ago, it was virtually non-existent. By working very hard I had reached the point of cockiness that called for throwing off a few phrases on the boat. Sey listened tolerantly and with a benevolent smile while I made an ass of myself. Then he took me aside and quietly corrected my improper use of the verb, "vouloir", "to want", from the first person singular future tense, "voudrai", to the correct first person singular present tense, "veux". Well!

During the rest of the day he gave me pointers on how to gargle my R's, blow N's through my sinuses and show my teeth with the Z's. Did you know that some H's are aspirated and others are not? What a good teacher he is. I am overcome with admiration.

TIP OF THE MONTH - HOW TO GET JULIE
WOLF TO STAND FOR A DRINK

During cocktail hour find a seat in the middle of a bar booth with two or three guys on either side. Wait for Julie to wander by and call him over and say, "Hi, Julie. Let me buy you a drink." and he says, "Sure.", and you make a big show of asking the guys on either side to slide out so you can pass while you fumble for your pocket and try to push the table out and elbow the one on your left and knock the glasses off the other on your right and say, "Excuse me, excuse me." and finally Julie says let him buy you a drink and you say, "Beefeaters on the rocks with a twist, no vermouth and two or three onions on the side and leave a nice tip for the bartender."

He falls into it every time.



PACIFIC LODGE BOYS' HOME

4900 SERRANIA AVENUE • P.O. BOX 308 • WOODLAND HILLS, CALIF. 91365 • TELEPHONE 213/347-1577

June 29, 1983

One of the "thank you" letters that we received for taking the kids on the recent fishing trip

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Executive Officer

Herman C. Epstein, M.D.
10450 Wilshire Blvd., Apt. 7A
Los Angeles, CA 90024

Dear Dr. Epstein:

I would like to take this opportunity to thank you and the members of the L. A. Rod and Reel Club for providing the wonderful fishing outing for our boys on Monday, June 20th.

This has become an event that our boys look forward to every year with great anticipation. The boat trip, fishing, the great food and drinks, as well as the numerous prizes, are events that are reported in detail by our boys for many days after the trips end.

Again, thank you so much for including Pacific Lodge Boys' Home in your plans for this annual event.

Sincerely,

PACIFIC LODGE BOYS' HOME

Jim Lee
Executive Director

YOU LUCKY, LUCKY PEOPLE

O.K, boys and girls, this is what you've been waiting for; the Big Luau at Andy and Cyrene Weiner's. This was earlier billed as a Bar-B-Que and, good as our word, it will be, but in the Hawaiian style.

The setting is perfect; their home and grounds are magnificent and the club is indebted to our generous host and hostess.

Bill Vogel, the man with imagination, is chairing the festivities and is being assisted by Dan Felger, man of experience, and Andy Weiner, man of the world. No call will be made for volunteer cooks or deck-hands so relax, boys. The whole thing will be catered and you even get valet parking. Entertainment will be provided but its nature is being kept under wraps.

The date is Sunday, August 21st. Warm-up is at 4:30 P.M. and feasting should begin about 6:00 P.M.

The Weiner's home is at:
4019 Valley Meadow Road, Encino.

Cost to help defray expenses is \$35.00 per couple. The club is picking up the difference.

Please send your check with commitment to:
Bill Vogel, Man of the Hour
4713 Monarca Drive
Tarzana, Calif. 91356

Bill says to bring a light wrap just in case.

RESEARCH AND RESCUE BY SEY RIMLAND

This is the second half of an article on sea sickness. In the first we had an explanation of the nature of the malady; now the treatment.

ACU-BAND - This is a thin velcro strap with a pressure point button worn on one or both wrists. Instructions withis some state that constant pressure on the "naikan point" (pressure point on each inner arm between the two flex tendons and about three finger widths above the wrist) will prevent sea sickness. One or two may be used and both sailors and weekend fishermen agree that they work. Costs run between \$6.00 and \$15.00 per pair. Available at some marine supply stores and by mail order.

BONINE - is the drug, Meclazine, with anti-histamine and antiemetic properties. Available as a chewable tablet. Not recommended for children under six years of age or pregnant or nursing women. Causes drowsiness. Cost is about \$2.00 for eight tablets.

DRAMAMINE - is the drug, Dimenhydrinate, which prevents nausea, vomiting and motion sickness. Available in tablet form for adults, liquid for children over two years of age and by prescription in suppository form to be used in acute cases. It may cause drowsiness and is not recommended for those over 65 and those taking antibiotics. It's use is questionable for pregnant women. Cost is about \$2.75 for twelve tablets.

MARAZINE- is the drug, Cycline, which is an anti-emetic, anti-histamine and prevents nausea. This drug helps to reduce the sensitivity of the inner ear and may cause drowsiness. It is said to be safe for nursing mothers but not recommended for children under six or people over 65. Cost is about \$1.35 for six tablets.

TRIPTONE - is the drug, Scopalamine, which prevents nausea and dizziness. Not to be used by anyone under the age of twelve or over the age of 65, nor by pregnant or nursing women. It does not make one drowsy but can cause dryness of the mouth and blurred vision. An overdose can cause mental abnormalities. Read and follow instructions carefully. Cost is about \$2.25 for 12 tablets.

TRANSDERM-V - is also the drug, Scopalamine, available by prescription only. You must see your doctor to make sure that this is for you. It comes in the form of a small patch that is worn on the bare area of skin behind the ear. One patch will last about 72 hours then must be replaced. Dry mouth occurs in a large percentage of users. Not to be used by children or nursing or pregnant women. Cost is about \$5.50 for two patches.

Whichever of the above you select, remember:

- 1) Start your medication before your trip.
- 2) Don't drink alcohol and use these drugs.
- 3) Prepare yourself with plenty of rest and proper food.
- 4) Consult your doctor if you have any questions or special problems. Make sure your personal medical history does not preclude the use of any method that you select to use.

Good fishing,

Seymour

CALIFORNIA INSTITUTE OF TECHNOLOGY

PASADENA, CALIFORNIA 91109

ENVIRONMENTAL ENGINEERING SCIENCE
W. M. KECK LABORATORIES

13 February 1973

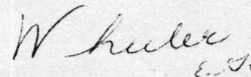
Mr. David Lippey
Los Angeles Rod and
Reel Club Foundation
5909 West Third Street
Los Angeles, California 90036

Dear Dave:

Herbert Newman of the Institute has informed me of the additional contribution by your Foundation of \$2,000 to support our kelp restoration efforts at Palos Verdes. Mr. Newman sent me a copy of his February 1 letter to you, expressing the "official thanks" of Caltech. This letter simply adds the thanks of those of us who are -- so to speak-- on the firing line. Expressions of support such as this, from people who appreciate environmental degradation on a first-hand basis, are great for our morale as well as keeping the budget in an operational status.

Within the next week or two, I should have our latest quarterly progress report out. It won't be as discouraging as the last, I'm happy to say. As we discussed on the phone, the Foundation's donation came at a most helpful point in time and I believe we are moving strongly ahead, thanks to the welcome support by you and your associates.

Sincerely,



Wheeler J. North
Professor of Environmental Science

WJN:eg

A VINTAGE FISH STORY

For those who never heard it

A Californian, drinking in a Dallas bar, introduced himself to a Texan who treated him to another drink. The conversation that followed included baseball, politics, women and fishing in that order. By that time, several drinks had been consumed by each.

The Texan then told about a 42-lb bass that he landed while fishing in a lake nearby and the Californian complimented him highly. He ordered another drink for his new-found friend to celebrate his very unusual feat.

The Californian countered by telling about his catch near Catalina where he hooked and landed an old brass lantern from a sunken galleon. "What is so unusual about that?" Asked the Texan. "Nothing really" was the answer, "Except that it was still lit".

There was considerable silence while they were nursing their last drink. Finally the Texan said "I'll make a deal with you, I'll take off 40-lbs from my bass if you will put out that damn light".

