



Founded 1950

# Chum Line



PUBLISHED BY THE LOS ANGELES ROD & REEL CLUB

## PRESIDENTS MESSAGE

The September meeting at Andre's, was particularly well attended, and very much enjoyed by the fifty-one members and their guests, who attended. Only thirty-four members gave the telephone committee their dinner requests.

Having twenty additional members show up, was gratifying, but the shuffling of tables and seats was a problem at the restaurant. It is truly a pleasure to have large turnouts, but please give the telephone committee the courtesy of letting them know if you will attend, and what your dinner choice will be.

A special thanks to Jay Flanzig, for providing a very entertaining and informative evening program. The guests were Steve Perry, who provided each member with two spools of 20-pound line, courtesy of Berkeley, and Nick Curcione, who provided us with an extremely well delivered and informational program on long range fishing techniques and terminal tackle.

Another extra provided the attending members that evening, was an official LARRC three-ring binder. Now each member has a special place to put his chum line and other fishing notes. Those members who did not attend the meeting, can get his notebook at the next meeting.

Thanks to Jeff Ellis, and Norm Carabet for bringing prospective members to the meeting. Now, lets see how many more will be at our October meeting. Come on guys, we have a membership drive on.

Bill Vogel

PS: Julie Wolf is a chicken (eater).....and fined \$1.00 for killing an unborn chicken on Andre's wall.

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Next Dinner Meeting: October 29, 1984..Monday night, at Andre's. The balance of the dinner meetings for the year, will be held at Andre's. The fare will be chicken, veal or steak...Get your orders in. Don't forget too, its Past Presidents night. Look forward to some anicdotes and some fun. There will also be a speaker from the Adventurers Club. Last year we had a great speaker from there, and a film about the last voyage of the Queen Mary.

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CALENDAR OF COMING EVENTS

- October 10 Sea Hawk Charter, Santa Barbara.
- October 22 Board of Directors Meeting, 7:30 PM. Location to be announced
- October 24 Seahawk Charter, Santa Barbara, CA.
- October 29 Dinner Meeting. 7:30 PM
- November 19 Board of Directors Meeting, 7:30 PM. Location to be announced.
- November 26 Dinner Meeting. Guest speaker to be Jim Lobell of Bon Vivant Tours, who will talk about and show a film on Costa Rica. Location of meeting to be announced.
- Feb. 24, 1985 Annual Trophy Awards and Installation Dinner Dance. Mark your calendar and save the date.

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Trophy Contenders To Date

First Game Fish	January 11	Yellowtail	Pete Moureaux
Albacore	12 lb. test	22 lbs.	Dan Felger
	12 lb. test	21 lbs. 4 oz.	Ben Susman
Yellowfin Tuna	20 lb. test	25 lbs.	Dan Bartfield
Calico Bass		8 lbs.	Otto Painter
Pacific Sailfish	30 lb. test	130 lbs.	Carolyn Felger
Other possible considerations:			
Sturgeon	30 lbs. test	96 lbs.	Norm Carabet
Atlantic Bonefish	12 lb. test	1 lb. 12 oz.	Norm Carabet

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MEMBERSHIP

The name of Steve Chazin has been submitted for membership into the club by Joe Palty and Jeff Ellis. Steve lives in Rancho Palos Verdes, is married to Lenore, and doesn't work. More time to fish. He has attended the required meetings, and went fishing with Sey Rimland and Sol Shalevitz.

Steve's name will come before the board meeting on October 22nd for board approval of membership.

Did you know that: The Kelp Bass (Calico) and two close relatives, the Sand Bass and Spotted Sand Bass, grow VERY slowly? For example: a 12 inch Bass, weighing 13 ounces, is six years old. An 18 inch Sand Bass, weighing approximately three pounds is twelve to thirteen years old.

As a follow up regarding my article of last month concerning the benefits of Sea Food in on one's diet, here's more: A study released by the National Heart, Lung and Blood Pressure Institute, revealed that cholesterol is a culprit in the development of heart disease.

The Government sponsored study, focused on 3,806 MIDDLE aged American men who had high cholesterol levels, but no symptoms of heart disease. The results confirmed the lowering cholesterol REDUCES the risk of heart disease and heart attack. These findings also apply to other age groups, as well as to women.

To keep cholesterol at a healthy level, the American Heart Association recommends these moderate changes in one's diet:

- 1) Cut down on saturated fats and high cholesterol foods, and include more fish and poultry.
- 2) Use skimmed milk.
- 3) Eat only two or three eggs a week.
- 4) Cook with liquid poly unsaturated vegetable oil or margerine.
- 5) Avoid saturated vegetable fats like coconut oil and palm oil. Much of these two are found in candies and chocolate.

Eating more seafood makes very good sense nutritionally, and adds variety to one's diet. Fish and shellfish can be baked or broiled in an oven or on the bar-b-que. When cooking fish, follow the "ten minute rule"; measuring the thickest part of the fish, and allowing 10 minutes of cooking time per inch of thickness. For less than one inch, shorten the cooking time. Fish is done, when it flakes easily with a fork.

Seafood is not only delicious, but high in protein, low in calories and most importantly, high in poly unsaturated fats, while being low in saturated fats.

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Take Particular note: Research strongly suggests that saturated fats (as in beef and pork), tend to raise the blood cholesterol levels. Foods high in saturated fats are usually high in cholesterol having a doubly negative impact on blood cholesterol levels.

Seafoods contain poly-unsaturated fats and are reported to lower the blood cholesterol level and aid in preventing the build up of arterial cholesterol deposits, which restrict blood flow through the arteries. It is very important to increase one's consumption of fish and seafoods, and cut down on foods with saturated fats. It is also important to prepare seafood without a lot of saturated fats found in butter and some sauces. There are many ways to prepare seafood. Following, are a few methods for low cholesterol cooking:

**BAKING:** Place cleaned, whole fish fillets or fish steaks in a well oiled baking dish, brushed with polyunsaturated oil or margarine. Brush the fish also (to keep it moist), and bake in a 350 degree oven, until fish flakes with a fork.

**BROILING:** Arrange fillets steaks or small cleaned fish in a single layer on a well oiled (polyunsaturated or melted margarine) broiler rack. Keep fish four inches from the heat. Baste with a 50-50 mixture of lemon juice and polyunsaturated oil or melted margarine, while fish is on the fire. Do not turn, unless the fish is very thick. On a real hot fire, follow the "10 minute rule."

**POACHING:** Fill a shallow wide pan (like a large frying pan), with enough water to cover a single layer of fish. Season with spices and/or wine. Bring to a boil, then place the fish in the liquid. Reduce heat to a simmer till fish is done. Test for flakiness.

**STEAMING:** Use a deep pot (steamer) with a tight cover. The pot should be deep enough to hold a rack or wire basket to keep the fish above the liquid. Put about two inches of water in the pot and bring to a rapid boil. Place fish on a rack or in a basket, lower into pot. Cover tightly, and steam. The use of whole pickling spice in the water will add flavor to the fish.

**OVEN STEAMING:** Wrap fish, whole (cleaned) or fillets or steaks in a steam-tight package of heavy aluminum foil. Spice to taste. Place in a hot oven 450 degrees, and follow the "10 minute rule". Allow 5 extra minutes for extra fresh fish. If you must use frozen fish, allow 10 minutes more than the 10 minute rule, so that the heat will penetrate the foil.

You will note that the above formulae do not include any FRY cooking whatsoever.....Stay well, and go fishing!

## "BIG ALBACORE TRIP ON THE BIG MIKE

Muchos, muchos pescados, senores! The players were Bernie Mayers, Julian Wolf, Dr. Jack Wax and his friend, Dr. Mike Isaacs, Don Breslow, a friend of mine - and I, Gus Rich. The fishing was fantastic! Rarely did an hour pass without someone being hooked up.

We boarded the "Big Mike" on the evening of Friday, August 17; early on Saturday, the 18th, we were trolling about 45 miles south of Pt. Loma. First hook-up was boated before breakfast! On day 1 we hooked and boated 62 albacore. On day 2, Sunday, the 19th, 92 more were landed, better than 15 fish average per man. We could have stopped and gone home at this point. Of course, Julian, Jack and Don landed more than average. Bernie caught a few on lures. On Monday, the 20th, the count was 84, and in three and a half hours of fishing Tuesday morning 24 more fish were added, for a total of 262 albacore. The fish averaged almost 15 lbs., but there were a few as large as 23 lbs. Translated to "meat," there were a bit over 13 cases per angler. In addition, about 50 or 60 skipjack were boated, 3 small yellowfin tuna, and about 50 small dorado (dolphin fish) from a fire-cracker of a school that was hanging out under a small kelp-paddy.

Sea was dead calm, weather was gorgeous, and everyone cooperated in doing his share of trolling. There were a few tangles, but the crew was great in handling 'em and getting 'em untangled.

This was a dream trip! This was the best albacore trip ever!

On photograph - from left to right:

Don Breslow, Jack Wax, Mike Isaacs, Gus Rich, Julian Wolf. In foreground Skipper John Klein with decoy duck! Bernie Mayers was otherwise occupied!



# First String lives up to her name

By JACK BROWN  
WON Staff Writer

SAN PEDRO — When 48 passengers boarded the new 90-foot *First String* at 22nd Street Landing last Thursday, most of them didn't know what to expect. It was their first trip on the latest addition to the Southern California sportfishing fleet, and their experience would be as fresh as the paint job.

When the day was over, though, almost everyone who talked with the *WON* team on board said he was ready to go out again. Besides having a good day of fishing, the anglers luxuriated in ample space at the rail, a plush and roomy galley lounge and plenty of benches and tables on the observation deck for relaxing while underway.

There were even such unusual touches for a fishing boat as a refrigerated drinking fountain and the availability of ice cream sundaes, besides better-than-usual galley food and beverage fare.

Best of all, though, the crew included Capt. Russ Izor, one of the most notable sportfishing figures of the past three decades. The \$750,000 *First String* is the end result of his dream and that of Capt. Frank Hall, operator of

22nd Street Landing, and Izor was along to give of his expertise to any fisherman who asked.

His advice helped the anglers fill a fish count of 120 large bonito, 16 yellowtail, 1 barracuda, 10 rock fish, 2 sheephead and 200 mackerel despite a handicap of small and weak bait which plagued other boats that day, also.

In fact, it took two stops at anchovy draggers and an hour of jiggling for bait mackerel off the

## WON ON THE SPOT

Angels Gate light until Izor and *First String* Skipper Mark Pisano were satisfied they had enough to tackle the yellowtail bite at the Horseshoe Kelp.

The yellowtail and bonito were waiting, although not in the numbers Pisano said were there the previous day. A sharp chop and a fast current made fishing a test of experience and patience in avoiding line tangles and pop-offs from the hooks.

Catches at the Horseshoe finally petered out shortly after noon, and Pisano decided to head for Point Vicente. That move proved a wise decision, for no sooner was the anchor dropped than big

bonito began to boil on both beams. A few yellowtail were mixed with the "boneheads," and hook ups were scored on anchovies, mackerel and jigs.

The sense of satisfaction for the anglers, though, was heightened by the luxury they enjoyed aboard the *First String*. Many said they were trying the boat as the result of seeing its advertisement last week in *WON*, and they liked what they found.

Angler Bob Borup of Paramount and his son, Stan, 22, said they were first-timers on the *First String* for that reason, for instance. And the rail also was enlivened by the expert fishing of the red-shirted Moto Fishing Team which was making its initial trip on the boat.

"He's our captain and the reason for our name," said member Jerry Shimatsu of Gardena, pointing to Bob "Moto" Kawamoto of Cerritos. The others of "the Moto Gang," as their red caps proclaimed, were Charlie Annioka of Montebello and Darryl Aoyama of Monterey Park.

The prospect of a day of luxury fishing also attracted such diverse anglers as Roberto Cornwell, 15, a vacationing prep school student from Tilton, N.H., and Irma Giese of San Pedro, who photographed Cornwell with his two first-ever yellowtail.

It was a pride-filled day for Russ Izor, who took the *WON* team on a tour of the *First String* from the two Cummins 340-horsepower diesels in the engine room to the electronics-crammed bridge. There, his most prized feature is a Wesmar color sonar that scans a 1500-foot radius to pinpoint the location of fish.

Belowdecks, the *First String* has 52 bunks in several compartments for overnight and multi-day charters, and the three heads on the main deck level include shower facilities for the longer runs. Izor said the boat also has a five-ton refrigerated fish hold and capability for making 600 pounds of ice cubes. With 5000 gallons of fuel capacity, the vessel can make extended trips, Izor said.

The galley seats 50 persons at tables with cushioned benches, and tables for another 45 are on the upper deck. Izor said plans call for a large screen television

and VCR in the galley lounge so that fishing seminars can be conducted while the boat is underway.

Izor said the *First String* incorporates many of the ideals for a fishing boat that he and Frank Hall have developed in their combined 70 years of sportfishing experience. With them in the venture are 13 other investors who "just love fishing," Izor added.

Besides leaving daily at 6 a.m. on freelance trips locally or to Catalina Island, the *First String* will make dinner cruises of Los Angeles and Long Beach harbors. Izor said the boat can serve 200 diners, and will be available for evening executive meetings, Catalina charters and other water-related activities.

By coincidence, on the way to the dock the *First String* passed Izor's first sportfisher, the 40-foot charter boat *New Longfin*, leaving with its present owner, Donald Ferguson, at the helm.

## NOTICE:

Due to lack of support, the November to February trips on the SEA HAWK out of Santa Barbara, have been cancelled.

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Because of an apparent bait problem at the Santa Barbara Sea-Landing, and growing unrest by those members who enjoy "north-end" fishing, the club is searching for alternative fishing boats in that area.

The membership will be kept informed as to the progress in this area.



Three generations of Greenfields, taken at the family trip in Sept. Son Steve, Grandson Brett, and ole Phil on the right. Some family, huh?

## Recapture of Tagged White Shark Reported

The first recapture of a tagged white shark was reported by the National Marine Fisheries Service Rhode Island Laboratory in its July newsletter. The young shark of about 270 pounds had been tagged off Moriches Inlet, NY, and was recaptured 31 months later off South Carolina. More details will be given later, the NMFS announced.

Tags were returned from a total of 64 sharks representing 13 species from January through June, 1984, as part of the Cooperative Shark Tagging Program. Recaptures came from blue (14), tiger (11), mako (5), sandbar (5), lemon (9), and 20 other species. Blue sharks were recaptured after 3.5 years and 1,700 miles (Massachusetts to South America); makos after 2.5 years and 1,000 miles (New Jersey to Florida); tiger sharks after three years and 1,300 miles (Virginia to Mexico).

In several cases fishermen provided measurements of length and samples of vertebrae from recaptured sharks. The laboratory also reported that the number of sharks sighted during the month of

June in the Middle Atlantic Bight (Cape Hatteras to Cape Cod) was down from a normal 1,000 to less than 300.

One explanation for the lower shark catches is that 1984 was a record year for rainfall in parts of the northeast during May and June. Oceanographic surveys showed fresh water runoff decreased salinities in surface waters on the continental shelf out to 70 or 80 miles in the MAB. Usually the major influences of runoff in the MAB is confined to 30 miles or less.

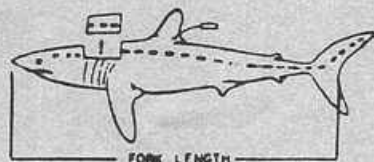
The NMFS continues to urge fishermen

to help with the shark tagging program by sending information to the Narragansett Laboratory, South Ferry Road, Narragansett, RI 02882-2199. Anglers are reminded to check tag cards for species, size and sex; location (latitude and longitude, or distance and direction to major landmark, or Loran bearings). Send in tag cards promptly.

### REQUEST FOR BACKBONES OF RECAPTURED SHARKS

The high numbers of sharks currently being recaptured by taggers offers an opportunity for anglers to assist the NMFS with age studies.

IF YOU CATCH  
A TAGGED SHARK



1. Measure fork length.
2. Record tag number and recapture details (date, location, sex, etc.).
3. Remove a 6 to 10 inch piece of backbone from over gills.
4. Freeze backbone overnight or pickle in rubbing alcohol.
5. Double wrap in plastic bags and airmail to:

Attention Shark Project  
Narragansett Laboratory  
South Ferry Road  
Narragansett, RI 02882-1199

6. Telephone if you have any questions (401-789-9326).

## IGFA Follows Strict Line-Testing Procedures

The testing of fishing line samples submitted with world record and other applications to IGFA is a precise, exacting and specific task employed by IGFA without any deviations or exceptions.

The line-testing equipment that is needed to properly perform this procedure is only manufactured by a relatively few organizations and is rather expensive. Without this equipment it is impossible to properly test fishing lines in accordance with existing specifications and accepted procedures.

Length of the line sample, distance between the jaws of the testing equipment, the rate of extension or elongation, and various other rigid specifications are all a part of testing line samples in a consistently accurate manner. All line samples are thoroughly examined and properly classified before any of the testing procedures are entered into.

IGFA tests only fishing lines that are submitted with world record applications, contests, or club entries, and does not pretest lines for any manufacturer or angler. IGFA does not guarantee, recommend, or endorse any particular manufacturer's products for any reason, including to insure that their lines will not overtest the line class limitations.

All of the fishing lines submitted with IGFA applications are tested in accordance with U.S. Government Specifications CCC-T-19 lb, Method 4100 and amendments, which is the recognized method for strength measurement of small cords and single strands.

Prior to the testing, each fishing line is stored for seven (7) days in an exposed condition under controlled laboratory conditions having a relative humidity of 50% and a temperature of 73 degrees Fahrenheit to insure that all line samples are tested under the same conditions.

After the seven days are up, the line is submerged in tap water of approximately 80 degrees Fahrenheit for a period of two hours, and is then immediately tested in a

**Ever wonder why your world record application was turned down because the fishing line failed to pass the test? Sometimes this happens when an angler submits a record claim for the first time, and isn't familiar with the intricacies of line testing. This article should help you understand what happens to your fishing line when it ends up at IGFA attached to your world record application.**

wet condition on equipment meeting specification standards. The final test rating is the average of five separate tests, and is recorded in accordance with the metric class limitations.

Because IGFA uses the metric equivalent of the U.S. customary line classes for testing purposes the maximum line class limitation is somewhat higher in pounds than the line's classification. For example the 2-lb class is actually a 1-kg class (which equals 2.2 lb); the 12-lb class

is 6 kg (13.22 lb); and the 80-lb class is 37 kg (81.57 lb).

Any test higher than the allowable metric class limitations will cause an entry to be considered in the next highest line class. A line testing 13.4 lb, for example, will be considered in the 16-lb class because it overtests the metric limitations for the 12-lb class.

IGFA does not allow anyone to "shop" through the line classes for a vacant line class, and will only consider an entry in the class for which it qualifies by the actual examination and test of the line. Lines that undertest their manufacturer's designated line class are not considered for a line class that is lower than the rated class.

All lines will lose strength through normal use, as well as from other causes, including age and exposure to sunlight, and it is considered that the line was intended to test at least as strong as the designated line class, and likely did at the time it was used.

IGFA will not accept any line sample that has been deliberately weakened in an attempt to qualify in a lower line class.

More information on line testing can be found in the World Record Requirement section of the 1984 World Record Game Fishes book, or the Rule Book for Freshwater, Saltwater and Fly Fishing.



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